

For information
on our programmes
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Tutor training dates July-October 2024



Wednesday 31 July
9.30am - 4.30pm

Cook it!
fun, fast food for less



Thursday 26 September
9.30am - 4pm

I can
Cook it!
fun, fast food for less



Thursday 26 September
9.30am - 4pm



Making the most of your
slow cooker

Monday 9 September
(Online) 10am - 12pm

**Nutrition
Awareness**

Wednesday 26 June (Venue tbc) 1pm - 3pm
and
Wednesday 7 August (Online) 10am-12pm



Wednesday 2 October
9.30am - 4pm

Please note!

You must have
completed Food &
Health Essentials
training before you
can proceed to
book any other
session dates

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