

Belfast Festival of Learning 2023

Welcome to the 2023 Belfast Festival of Learning



As Lord Mayor I am delighted to present the programme for the 6th Belfast Festival of Learning. The wide range of events reflects the rich array of learning opportunities in the city and reminds us that we can get involved in learning at any stage of life!

As a member of the UNESCO Global Network of Learning Cities, Belfast is committed to developing creative ways to celebrate and promote learning and to make it accessible, engaging and relevant for people of all ages and backgrounds. The festival is a great way of doing this, involving everyone in making Belfast a learning city for all citizens. The festival played a major role in Belfast receiving the prestigious UNESCO Learning Cities Award in 2021. Working together to deliver on a learning festival for all inspires us to promote best practice, create opportunities to collaborate and ensure learning is on everyone's agenda.

In Belfast we aim to support good outcomes for citizens through our commitments in the Belfast Agenda, our city's community plan, to ensure everyone reaches their potential, has a decent job and standard of living, has

good health and wellbeing and that we live in a safe, vibrant, and inclusive society. Learning is central to achieving these outcomes.

Together we can build a learning city for all with partners across the city and beyond. We continue to build strong working relationships across the Irish Network of Learning Cities and together with Cork and Limerick, Dublin and Derry & Strabane, we have developed new, innovative ways to share and learn from each other.

I invite you to take part in the Belfast Festival of Learning - try something new during the weeklong festival running from 20-26 March, you never know what joy it may inspire in you, what new people you will meet or what exciting doors it could open.

The Lord Mayor of Belfast Councillor Tina Black

Chut & Slack

An introduction to 2023 Belfast Festival of Learning



I am delighted to introduce the Belfast Festival of Learning taking place this year from 20–26 March 2023. It displays Belfast's learning journeys, positive reflections of our society and the impact learning in all forms has on many people's personal and working lives.

Core values in learning are reflected across Belfast's efforts to eradicate inequalities and improve the quality of life for all, embedding wellbeing across all city planning processes. Our continuing vision for Belfast Learning City is to reflect those values; of excellence, aspiration, equality, respect, integrity, matched with dedication and responsibility to make it happen.

This is reflected in many of the city's efforts and in particular through the collective community planning process, the Belfast Agenda.

Belfast continues to play its role as a member of the UNESCO Global Network of Learning Cities and as a member of an all-island network of Learning Cities, all dedicated to translating global goals into local action. Similar work is taking place to make more effective connections across England, Scotland and Wales.

Our collective goal remains to enhance individual, community and organisational learning in our city, learning to accept the challenges that life presents and building a resilience to meet those challenges head on with satisfactory outcomes. Improving accessibility to learning opportunities is crucial to help people maintain active lives and build strong and sustainable communities for all.

We hope you have fun and that the festival activities will inspire you to continue your learning.

Danny Power Chairperson

Quick look at Monday 20 March

- 1 Meet The Weatherbies
- 2 A Stitch in Time
- 3 Rhythm and Rhyme
- 4 Rhythm and Rhyme
- 5 Rhythm and Rhyme
- 6 Mindful Walking in our City Parks
- 7 Rhythm and Rhyme
- 8 Healthy Cooking on a Budget for Colin Grandparents Group
- 9 Rhythm and Rhyme
- 10 Study Skills
- 11 Rhythm and Rhyme
- 12 Meet the Multicultural Met
- 13 Mindful Walking in our City Parks
- 14 A Stitch in Time
- 15 Rhythm and Rhyme
- 16 Through Our Eyes Reflections of Newcomer Pupils
- 17 Robots and Science!
- 18 Dream Job? TV Locations and Production Office Roles
- 19 Bedtime Story

MEET THE WEATHERBIES

A reading by the author of the Weatherbies series of books using imaginary characters to help children make a stronger connection with the environment, climate and weather. In conjunction with Eco Schools & Twinkl. Suitable for under 7s. Schools, parents, toddler groups, childminders all welcome. Turn up on the day or book through the library.

Where: Ormeau Road Library 247 Ormeau Road, Belfast, BT7 3GG

Day and date: Monday 20 March Time: 10.00 am - 11.00 am

+ Contact: Ormeau Library Tel: 028 9050 9228

Email: ormeauroad.library@librariesni.org.uk



A STITCH IN TIME

Join celebrated local seamstress, Christine Boyle, from Colour and Cloth, for a free sewing and mending workshop, where you will discover more about the rich textile history of Belfast. Hosted by the Environmental Education and Outreach Team at Belfast City Council. Spaces are limited! Reserve your place by emailing Mary Brady at the email address below.



Where: Footprints Women's Centre 84a Colinmill Road, Dunmurry Belfast, BT17 OAR

Day and date: Monday 20 March Time: 10.00 am - 12.30 pm

+ Contact name: Mary Brady

Email: environmentaloutreach@belfastcity.gov.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Falls Road Library, 49 Falls Road Belfast, BT12 4PD

Day and date: Monday 20 March Time: 10.30 am - 11.00 am

Tel: 028 9050 9212

Email: fallsroad.library@librariesni.org.uk



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Holywood Arches Library 4-12 Holywood Road, Belfast, BT4 1NT

Day and date: Monday 20 March Time: 10.30 am - 11.00 am

+ Tel: 028 9050 9216

Email: holywoodarches.library@librariesni.org.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Tullycarnet Library, Kinross Avenue Kings Road, Belfast, BT5 7GF

Day and date: Monday 20 March Time: 10.30 am - 11.00 am

Tel: 028 9048 5079
Email: tullycarnet.library@librariesni.org.uk

MINDFUL WALKING IN OUR CITY PARKS

Mindfulness is now scientifically known to support our mental health. It helps us to value moments, enabling and training us to focus on the present, not the past or the future. Enjoy a one-hour walk in one of Belfast's city parks guided by trained walk leaders and take time to appreciate the natural environment and connect with nature. Organisers particularly welcome people with sensory support needs/disabilities. Booking essential.



Where: West Belfast Park Walk - Easy - Flat Terrain Please contact Camilla for venue details.

Day and date: Monday 20 March Time: 10.30 am - 11.30 am

Contact name: Camilla Reynolds
Tel: 07455 978938

Email: Healthtreats@googlemail.com

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Shankill Road Library 298-300 Shankill Road, Belfast, BT13 2BN

Day and date: Monday 20 March Time: 10.45 am - 11.45 am

+ Tel: 028 9050 9232

Email: shankillroad.library@librariesni.org.uk



HEALTHY COOKING ON A BUDGET FOR COLIN GRANDPARENTS GROUP

An inspirational hands-on cookery lesson for Colin Grandparents Group, covering nutrition and how to budget effectively to cook healthy meals.



Where: Healthy Living Centre 30 Colinglen Road, Belfast, BT17 OLR



Day and date: Monday 20 March

Time: 11.00 am



— Contact name: Matthew McKinley Tel: 028 9062 3813

Email: Matthew@newcolin.com

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Falls Road Library 49 Falls Road, Belfast, BT12 4PD

Day and date: Monday 20 March Time: 11.15 am - 11.45 am

+ Tel: 028 9050 9212

Email: fallsroad.library@librariesni.org.uk



STUDY SKILLS

A closed event for pupils in Years 13 and 14 at St Joseph's College. It will give pupils the skills and techniques they need to be successful in revising and ultimately recalling key information for exams. The techniques are suitable for revision for all subject areas.



Where: St Joseph's College 518 Ravenhill Road, Belfast, BT6 OBY



Day and date: Monday 20 March

Time: 11.50 am - 12.50 pm

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+ Contact name: Richard Gormley Email r.gormley@ulster.ac.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Cregagh Library 409-413 Cregagh Road, Belfast, BT6 0LF

Day and date: Monday 20 March Time: 12.00 pm - 12.30 pm

Tel: 028 9040 1365

Email: cregagh.library@librariesni.org.uk



MEET THE MULTICULTURAL MET

Event open to staff and students of Belfast Met - an opportunity for Belfast Met staff and students to learn about different cultures, traditions and international experiences. Hear the personal and cultural stories directly from some of Belfast Met's diverse student population.

Where: Belfast Met, Titanic Quarter Campus 3 Queens Road, Belfast, BT3 9DT

Day and date: Monday 20 March Time: 12.00 pm - 2.00 pm

Email: charitabletrust@belfastmet.ac.uk



MINDFUL WALKING IN OUR CITY PARKS

Mindfulness is now scientifically known to support our mental health. It helps us to value moments, enabling and training us to focus on the present, not the past or the future. Enjoy a one-hour walk in one of Belfast's city parks guided by trained walk leaders and take time to appreciate the natural environment and connect with nature. Organisers particularly welcome people with sensory support needs/disabilities. Booking essential.

Where: North (Outer) Belfast Park - Steep terrain Please contact Camilla for venue details

Day and date: Monday 20 March Time: 1.30 pm - 2.30 pm

+ Contact name: Camilla Reynolds Tel: 07455 978938

Email: Healthtreats@googlemail.com



A STITCH IN TIME

Join celebrated local seamstress, Christine Boyle, from Colour and Cloth, for a free sewing and mending workshop, where you will discover more about the rich textile history of Belfast. Hosted by the Environmental Education and Outreach Team at Belfast City Council. Spaces are limited! Reserve your place by emailing Mary Brady at the email address below.



Day and date: Monday 20 March Time: 2.00 pm - 4.30 pm

Contact name: Mary Brady
Email: environmentaloutreach@belfastcity.gov.uk



Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Finaghy Library, 38B Finaghy Road South Belfast, BT10 ODR

Day and date: This event runs daily during the festival Time: 2.30 pm - 3.00 pm

Tel: 028 9050 9214

Email: finaghyroad.library@librariesni.org.uk



THROUGH OUR EYES – REFLECTIONS OF NEWCOMER PUPILS

The event will showcase the work of refugee and asylum-seeking students (16-18 years-old) in All Saints College, Belfast who have explored their self-image through photography. Closed event.

Where: All Saints College, Beechmount Campus,65 Beechmount Avenue, Belfast, BT12 7NA

Day and date: Monday 20 March Time: 3.00 pm - 5.00 pm

+ Contact name: Grace McCallion Tel: 028 9024 0937

Email: Gmccallion635@c2kni.net



ROBOTS AND SCIENCE!

Join Thomas Lavery from the Royal Academy of Engineering to look at lots of different types of robots and science experiments. This event is suitable for children 8+ and booking is essential.

Where: Lisburn Road Library 440 Lisburn Road, Belfast, BT9 6GR

Day and date: Monday 20 March

Time: 3.30 pm - 5.30 pm

+ Tel: 028 9050 9223

Email: lisburnroad.library@librariesni.org.uk



DREAM JOB? TV LOCATIONS AND PRODUCTION OFFICE ROLES

Could working as part of a TV drama, comedy or entertainment crew be your dream job? Now is your chance to find out! Try your hand at locations work and keeping a big TV production on track. No previous experience necessary, everyone welcome. Open to anyone 18+.

Please note: there are four different ScreenSkills sessions relating to work in TV throughout the week, sign up for all four or pick the one that best matches your interests. Go to booking link below to sign up now or turn up on the day. www.screenskills.com/bookings/dream-job-workshops-sponsored-by-screenskills/



Where: Duncairn Community Centre Upper Mervue Street, Belfast, BT15 2JZ

Day and date: Monday 20 March Time: 6.00 pm - 8.00 pm

Contact name: Liz Barron Email: Liz.barron@screenskills.com

BEDTIME STORY

Storytime sessions help children aged 4-8 years develop a love of books, improve their listening skills, inspire creativity and feed their imagination. Join our friendly staff as they read popular books and introduce children to a whole range of different authors.

Booking Essential.

Where: Suffolk Library

+ Tel: 028 9050 9235

Stewartstown Road, Belfast, BT11 9JP

Day and date: Monday 20 March

Time: 6.30 pm - 7.00 pm

Email: suffolk.library@librariesni.org.uk





Quick look at Tuesday 21 March

- 20 Good Health Event
- 21 Rhythm and Rhyme
- 22 Van Gough Tuesdays
- 23 Rhythm and Rhyme
- 24 Take 5 with Kae
- 25 Relationships and Sexuality Education (RSE) in Schools and HIV Awareness
- 26 Volunteers Self-care Training
- 27 Health and Wellbeing Information Day
- 28 Rhythm and Rhyme
- 29 Knit and Natter
- 30 Digital Storytelling
- 31 Rhythm and Rhyme
- 32 Rhythm and Rhyme
- 33 Chess Club
- 34 Past and Present, the History of Belfast Zoo
- 35 Healthy Cooking on a Budget
- 36 Belfast Met Get into Tech Bring it on
- 37 The Northern Ireland Assembly an overview of government and devolution in Northern Ireland
- 38 Dream Job? Make Up, Costume, Shopping and Sets
- 39 Family History Census for Beginners
- 40 Ulster University Youth Business Hub Launch
- 41 Supporting Schools to Engage Parents in Children's Education
- 42 Time to Code
- 43 Big Bedtime Read
- 44 Hands to Help Calm your Head
- 45 Energy Efficiency in the Home
- 46 East Belfast Wellbeing Café
- 47 Folk dancing for Beginners
- 48 Set Dancing Class

GOOD HEALTH EVENT

Offering two courses: Mental health first aid and Basic food hygiene. Closed event aimed at staff and volunteers of the Moving Up Moving On (MUMO) Advisory Group.

Where: Forthspring Inter Community Group 373-375 Springfield Road, Belfast, BT12 7DG

Day and date: Tuesday 21 March Time: 9.00 am - 4.00 pm

Contact name: Heather Floyd Tel: 07506 975298

Email: mumo@forthspring.com



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Lisburn Road Library, 440 Lisburn Road Belfast, BT9 6GR

Day and date: Tuesday 21 March Time: 9.45 am - 10.45 am

Tel: 028 9050 9223

Email: lisburnroad.library@librariesni.org.uk



VAN GOUGH TUESDAYS

Come along and try your hand at oil painting on canvas alongside a renowned local artist and meet members of the Tuesday Club and the Black Mountain Older Men's Group.

Where: Glen Road Community Centre 2a Carrigart Avenue, Belfast, BT11 9HB

Day and date: Tuesday 21 March

Time: 10.00 am

Contact name: Teresa Hyland Tel: 028 9062 6764

Email: taniahyland@btinternet.com



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Chichester Library, 109 Salisbury Avenue Belfast, BT15 5EB

Day and date: Tuesday 21 March Time: 10.00 am - 10.30 am

Tel: 028 9050 9210

Email: chichester.library@librariesni.org.uk

TAKE 5 WITH KAE

Take 5 steps to Mental Health and Wellbeing training for women from the asylum seeking and refugee communities. Booking essential.

Where: Redeemer Central, 101 Donegall Street, Belfast, BT1 2FJ

Day and date: Tuesday 21 March Time: 10.00 am - 1.00 pm

Entract name: Ms Kehinde Ahmed

Tel: 07383 096790

Email: Kaedame2018@gmail.com



RELATIONSHIPS AND SEXUALITY EDUCATION (RSE) IN SCHOOLS AND HIV AWARENESS

Come along and hear an update on RSE in schools and HIV awareness and take part in an interactive session exploring how to make learning on these topics accessible, interesting and relevant. To book your place and request further information, https://forms.office.com/e/WB2LA6puP1



Where: The Larkin Room, Belfast City Hospital Postgraduate Education Centre (opposite Claremont Street) Lisburn Road, Belfast, BT9 7AB

Day and date: Tuesday 21 March Time: 10.00 am - 1.00 pm

Contact name: Joe Harris / George Potts Tel: 07714 837796

Email: joe.harris@belfasttrust.hscni.net

Tuesday 21 March

VOLUNTEERS SELF-CARE TRAINING

Training session for volunteers in the asylum process/or those who have refugee status to build skills around health and wellbeing. Closed event.

Where: N.I. Somali Assocation 185A Ormeau Road, Belfast, BT7 1SQ

Day and date: Tuesday 21 March Time: 10.00 am – 1.00 pm

Contact name: Demi Nansal Email: demed.nansal@yahoo.com



HEALTH AND WELLBEING INFORMATION DAY

Andersonstown Leisure Centre will host an Active Morning and Health Information Day. Come along and hear more about the programmes and services on offer to help you take control of your own health and become more active more often.



Where: Andersonstown Leisure Centre 132 Andersonstown Road, Belfast BT11 9BY

Day and date: Tuesday 21 March Time: 10.00 am - 2.00 pm

Contact name: Victoria Irving
Tel: 07852 272691
Email: Victoria.irving@gll.org

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Suffolk Library, Stewartstown Road, Belfast, BT11 9JP

Day and date: Tuesday 21 March Time: 10.30 am - 11.00 am

Tel: 028 9050 9235

Email: suffolk.library@librariesni.org.uk

(28)

KNIT AND NATTER

Knit and Natter groups are for adults who enjoy knitting, crochet, cross stitch and other crafts.

Share hints and tips, swap patterns, meet new people and learn new skills.

Bring along a project you are already working on or start something new. Everyone welcome.

Where: Belfast Central Library Royal Avenue, Belfast, BT1 1EA

Day and date: Tuesday 21 March Time: 10.30 am - 11.30 am

Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk



DIGITAL STORYTELLING

Are you from North Belfast and aged 50+? Are you keen to learn more about modern technology and digital skills? This digital storytelling workshop will create images of North Belfast alongside stories of the area with your help.

Where: Girdwood Community Hub 10 Girdwood Avenue, Belfast, BT14 6EG

Day and date: Tuesday 21 March Time: 10.30 am - 12.30 pm

Contact name: John Walls
Tel: 028 9581 1202
Email: info@digital-arts-academy.com



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Chichester Library 109 Salisbury Avenue, Belfast, BT15 5EB

Day and date: Tues 24 March & Wed 25 March

Time: 11.00 am - 11.30 am

Tel: 028 9050 9210
Email: chichester.library@librariesni.org.uk



Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Finaghy Library, 38B Finaghy Road South Belfast, BT10 ODR

Day and date: Tuesday 21 March Time: 11.00 am - 11.30 am

Tel: 028 9050 9214

Email: finaghyroad.library@librariesni.org.uk



CHESS CLUB

Come along to Belfast Central Library and learn how to play one of the oldest games in history. Meet new people, discuss tactics and strategies and browse or borrow our chess books whilst enjoying complimentary tea/coffee and biscuits.

Chess sets available. Everyone welcome.

Where: Belfast Central Library, Royal Avenue Belfast, BT1 1EA

Day and date: Tuesday 21 March Time: 11.00 am - 1.00 pm

Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk



PAST AND PRESENT, THE HISTORY OF BELFAST ZOO

Belfast Zoo joins staff and residents at Cullingtree Meadows Housing Association to reminisce about the history of the zoo and explore its development since it first opened in 1934.

Where: Cullingtree Meadows 106 Cullingtree Road, Belfast, BT12 4BA

Day and date: Tuesday 21 March

Time: 11.00 am

Contact name: John Fisher Tel: 028 9077 6277

Email: fisherj@belfastcity.gov.uk



HEALTHY COOKING ON A BUDGET

An inspirational hands-on cookery lesson for Healthy Living Centre staff members, covering nutrition and how to budget effectively to cook healthy meals.

Where: Healthy Living Centre
 30 Colinglen Road, Belfast, BT17 OLR

Day and date: Tuesday 21 March
Time: 11.00 am

Contact name: Matthew McKinley
Tel: 028 9062 3813

Email: Matthew@newcolin.com



BELFAST MET - GET INTO TECH - BRING IT ON

Come along and get the opportunity to engage with employers in the IT sector and representatives from Belfast Met who will provide information on career opportunities and pathways into IT. For more information visit the website, Bring IT On. Please use this link to register for the event:

www.eventbrite.co.uk/e/get-into-tech-with-bring-it-on-tickets-536848948657

Where: Online

Day and date: Tuesday 21 March Time: 12.00 pm - 2.00 pm

Email: BringITOn@belfastmet.ac.uk

THE NORTHERN IRELAND ASSEMBLY -AN OVERVIEW OF GOVERNMENT AND **DEVOLUTION IN NORTHERN IRELAND**

This online event will cover the role and structure of the Northern Ireland Assembly, the Executive, legislation and how to get involved in the decision-making process.



(19) Where: Online via MS Teams - please email education.service@niassembly.gov.uk to receive a link



Day and date: Tuesday 21 March Time: 2.00 pm - 2.30 pm



F Contact name: Anne-Marie Fleming Tel: 07712 308771

Email: Annemarie.fleming@niassembly.gov.uk

DREAM JOB? MAKE UP, COSTUME, SHOPPING AND SETS

Are you good with your hands and with people? Got an eye for a bargain, craft or design? Come along to learn how your skills could be useful to big drama, comedy or entertainment productions being made in Northern Ireland. You might be surprised how your hobby or passion could turn into a career. No previous experience necessary, everyone welcome. Open to anyone 18+.

Please note: there are four different ScreenSkills sessions relating to work in TV throughout the week, sign up for all four or pick the one that best matches your interests. Go to booking link below to sign up now or turn up on the day..

https://www.screenskills.com/bookings/dream-job-workshops-sponsored-by-screenskills/

Where: Innovation Factory, Forthriver Business Park 385 Springfield Road, Belfast, BT12 7DG

Day and date: Tuesday 21 March Time: 2.00 pm - 4.00 pm

Contact name: Liz Barron
 Email: Liz.barron@screenskills.com



FAMILY HISTORY - CENSUS FOR BEGINNERS

Interested in finding out about your family history? Come along and learn how to use the 1901 and 1911 census of Ireland for your research. Pick up useful tips and tricks and get support with your computer and tablet skills.

Where: Falls Road Library 49 Falls Road, Belfast, BT12 4PD

Day and date: Tuesday 21 March Time: 2.00 pm - 4.00 pm

Tel: 028 9050 9212

Email: fallsroad.library@librariesni.org.uk



ULSTER UNIVERSITY YOUTH BUSINESS HUB LAUNCH

Official Launch event for the newly developed Ulster University Business School 'Youth Business Hub'. This online virtual learning environment will offer 25+ FREE business related courses to Key Stage 3-5 pupils. Aimed at Primary School Principals, Heads of Careers and Business Studies. By invite only!

Where: The Academy Restaurant

University Belfast Campus, 2-24 York Street, Belfast, BT15 1AP

Day and date: Tuesday 21 March

Time: 2.30 pm - 4.45 pm

Contact name: Richard Gormley
Email: r.gormley@ulster.ac.uk



SUPPORTING SCHOOLS TO ENGAGE PARENTS IN CHILDREN'S EDUCATION

An event aimed at nursery and primary school teachers. Learn new skills to help parents become more involved in their child's education. Activities include storytelling, arts and crafts, outdoor learning, gardening and theme based tea parties. For more information, please contact Marian McKinney, details below.



Day and date: Tuesday 21 March

Time: 3.00 pm

🕂 Contact name: Marian McKinney

Tel: 07494 296646

Email: marian.mckinney@eani.org.uk



TIME TO CODE

Come along for an overview of coding and try your hand at your own interactive project using Scratch. This after-school taster session is suitable for children aged 9-11. Parents welcome and further resources will be provided to continue your learning journey at home. Advance registration required:

www.eventbrite.co.uk/e/junior-coding-taster-session-tickets-530357673077

Where: Education Authority 40 Academy Street, Belfast, BT1 2NQ

Day and date: Tuesday 21 March Time: 3.30pm - 5.00pm

+ Contact name: Erica Patterson Email: edisinfo@eani.org.uk



BIG BEDTIME READ

Come along to our afternoon event for Nursery aged children and their parents. Have fun and enjoy nursery rhymes, bedtime stories, hot chocolate and cookies, led by Nursery staff. Booking essential, please phone the school directly. Limited to one child per parent/carer.

> Where: Harmony Primary School 99 Forthriver Crescent, Belfast, BT13 3SS

Day and date: Tuesday 21 March Time: 4.00 pm

+ Contact name: Elaine Johnston

Tel: 028 9039 1332

Email: ejohnston561@harmony.belfast.ni.sch.uk



HANDS TO HELP CALM YOUR HEAD

Young people will get the chance to learn the techniques of head massage and the benefits for managing stress and relaxation. Open to young people who use the services of the Upper Andersonstown Community Forum and their families.

Where: Upper Anderstonstown Community Forum 37a Tullymore Gardens, Belfast, BT11 8NE

Day and date: Tuesday 21 March Time: 6.30 pm

+ Contact name: Christine Poland

Tel: 07873 413684 Email: c.poland@uacf.ie



ENERGY EFFICIENCY IN THE HOME

Join this online session on energy efficiency to find out how to get the most from the energy that you use. The session will cover how your heating system works, reducing heat loss, energy efficiency top tips, the impact of living in a cold, damp home as well as offering advice and support.

Where: Online via Zoom, please register in advance https://www.eventbrite.co.uk/e/energy-efficiency-in-thehome-in-northern-ireland-tickets-489392244377

Day and date: Tuesday 21 March Time: 7.00 pm - 8.15 pm

Contact name: Nichola MacDougall
Tel: 028 9023 9909

Email: nichola.macdougall@nea.org.uk



EAST BELFAST WELLBEING CAFÉ

Enjoy an informal and fun get together, get useful tips about looking after yourself and find out about local services and activities. Refreshments will be available. Please register in advance with Eleanor@ebcda.org

Where: Refresh Café, Skainos237 Newtownards Road, Belfast, BT4 1AF

Day and date: Tuesday 21 March Time: 7.00 pm – 8.30 pm

Contact name: Linda Armitage
Tel: 028 9045 1512
Email: linda@ebcda.org



FOLK DANCING FOR BEGINNERS

An introduction to folk dancing, all welcome, no partner or experience necessary.

Instruction provided - simple dances from Ireland, Scotland, Britanny, France.

Fun guaranteed, get moving, get dancing!

Where: Dance Studio, LORAG, Shaftesbury Community and Recreation Centre, 97 Balfour Avenue, Belfast, BT7 2EW

Day and date: Tuesday 21 March Time: 7.30 pm - 9.00 pm

Contact name: Annette Collins
Tel: 07788 730429
Email: stepwithannette@yahoo.co.uk



SET DANCING CLASS

Set Dancing Class - all ages. All welcome especially newcomers and beginners to dancing. No experience necessary. No partner needed. Flat soled shoes preferable.

Where: Duncairn Cultural Centre Duncairn Avenue, Belfast, BT14 6BP

Day and date: Tuesday 21 March Time: 8.00 pm - 9.30 pm

📙 Contact name: Ronan Eastwood

Tel: 07885 739258

Email: Ronangerard1112@gmail.com



Quick look at Wednesday 22 March

- 49 Rhythm and Rhyme
- 50 Meet The Weatherbies
- 51 Bringing Children's Stories to Life
- 52 Sound Bath Experience
- 53 Volunteers Self-care Training
- 54 Mindful Walking in our City Parks
- 55 Interview Skills
- 56 Rhythm and Rhyme
- 57 Rhythm and Rhyme
- 58 Warm Spaces A Classic Film with Lunch
- 59 Mindful Walking in our City Parks
- 60 Disabled People Speak Out Let Your Voice Be Heard
- 61 A Stitch in Time
- 62 Rhythm and Rhyme
- 63 Rhythm and Rhyme
- 64 Shared Perspectives of the Learning City
- 65 Dream Job? Making the Impossible Real

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Woodstock Library 358 Woodstock Road, Belfast, BT6 9DQ

Day and date: Wednesday 22 March Time: 10.00 am - 10.30 am

+ Tel: 028 9050 9239

Email: woodstock.library@librariesni.org.uk



MEET THE WEATHERBIES

A reading by the author of The Weatherbies series of books using imaginary characters to help children make a stronger connection with the environment, climate and weather. In conjunction with Eco Schools & Twinkl. Suitable for under 7s. Schools, parents, toddler groups, childminders all welcome. Turn up on the day or book through the library.



Day and date: Wednesday 22 March Time: 10.00 am - 11.00 am

+ Contact: Holywood Arches Library

Tel: 028 9050 9216

Email: holywoodarches.library@librariesni.org.uk



BRINGING CHILDREN'S STORIES TO LIFE

A closed event for the parents of pupils at Cathedral Nursery School. Belfast Metropolitan College Childcare students will facilitate a storytelling workshop to give parents the opportunity to informally chat with Level 3 Childcare students who will advise on appropriate storytelling techniques, explore various types of books and support parents to be more confident when reading to their child. Children welcome too.

Where: Cathedral Nursery School 45a Albert Street, Belfast, BT12 4HB

Day and date: Wednesday 22 March

Time: 10.00am

Contact name: Faith Garrett Email: fgarret@belfastmet.ac.uk



SOUND BATH EXPERIENCE

This taster session is aimed at community workers in the Greater Shankill area. In this therapeutic session various instruments will be used to create sound vibrations to help relax the body and reduce stress, bringing the body back into balance.

Where: Spectrum Centre 331-333 Shankill Road, Belfast, BT13 3AA

Day and date: Wednesday 22 March Time: 10.00 am - 12.00 pm

+ Contact name: Dympna Johnston Tel: 028 9031 1455 Email: dympna@spectrumcentre.com



VOLUNTEERS SELF-CARE TRAINING

Training session for volunteers in the asylum process/or those who have refugee status to build skills around health and wellbeing. Closed event.

Where: N.I. Somali Assocation 185A Ormeau Road, Belfast, BT7 1SQ

Day and date: Wednesday 22 March Time: 10.00 am - 1.00 pm

Contact name: Demi Nansal Email: demed.nansal@yahoo.com



MINDFUL WALKING IN OUR CITY PARKS

Mindfulness is now scientifically known to support our mental health. It helps us to value moments, enabling and training us to focus on the present, not the past or the future. Enjoy a one-hour walk in one of Belfast's city parks guided by trained walk leaders and take time to appreciate the natural environment and connect with nature. Organisers particularly welcome people with sensory support needs/disabilities. Booking essential.



Day and date: Wednesday 22 March Time: 10.15 am - 11.15 am

+ Contact name: Camilla Reynolds

Tel: 07455 978938 Email: Healthtreats@googlemail.com



INTERVIEW SKILLS

This short session will help you gain skills and confidence for your next interview. By the end of the session, you will be able to:

- Understand how to complete an application form
- Acknowledge the importance of making a great first impression
- Develop your interview techniques, including how to prepare and how to structure your answers for success.

Please email Gillian Mawson to register and receive a link.

(B) Where: Online via MS Teams

Day and date: Wednesday 22 March Time: 10.30 am - 12.30 pm

+ Contact name: Gillian Mawson

Tel: 028 9598 6285

Email: gillian.mawson@eani.org.uk



RHYTHM AND RHYME

Bring your wee one along to Belfast Central Library to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Belfast Central Library Royal Avenue, Belfast, BT1 1EA

Day and date: Wednesday 22 March

Time: 11.00 am - 11.30 am

+ Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Ormeau Road Library, 247 Ormeau Road, Belfast, BT7 3GG

Day and date: Wednesday 22 March Time: 11.00 am - 11.30 am

+ Tel: 028 9050 9228

Email: ormeauroad.library@librariesni.org.uk



WARM SPACES – A CLASSIC FILM WITH LUNCH

A classic movie screening for older people along with lunch and refreshments.

Where: Cloona House, 31 Colin Road Poleglass, Belfast, BT17 OLG

Day and date: Wednesday 22 March

Time: 1.00 pm

Contact name: Annie Armstrong
Tel: 028 9062 3813

Email: annie@newcolin.com



MINDFUL WALKING IN OUR CITY PARKS

Mindfulness is now scientifically known to support our mental health. It helps us to value moments, enabling and training us to focus on the present, not the past or the future. Enjoy a one-hour walk in one of Belfast's city parks guided by trained walk leaders and take time to appreciate the natural environment and connect with nature. Organisers particularly welcome people with sensory support needs/disabilities. Booking essential.

Where: North Belfast Park - Easy - Terrain Please contact Camilla for venue details.

Day and date: Wednesday 22 March

Time: 1.00 pm - 2.00 pm

Contact name: Camilla Reynolds

Tel: 07455 978938

Email: Healthtreats@googlemail.com

DISABLED PEOPLE SPEAK OUT - LET YOUR VOICE BE HEARD

We are a group of people with disabilities and peer advocates who want to share and deliver an interactive presentation on capacity and consent to encourage people with disabilities to let their voices be heard and empower people to have more control and make decisions about their lives. The event will incorporate legislation around disability rights and discussion on how this has an impact on our lives.



Where: 2 Royal Avenue, Belfast, BT1 1DA

Day and date: Wednesday 22 March

Time: 1.30 pm - 3.30 pm

🛨 Contact name: Leeanne Mulhern or Erin McAuley

Tel: 028 9023 6677, option 8 Email: Leannemulhern@usdt.co.uk



A STITCH IN TIME

Join celebrated local seamstress, Christine Boyle, from Colour and Cloth, for a free sewing and mending workshop, where you will discover more about the rich textile history of Belfast. Hosted by the Environmental Education and Outreach Team at Belfast City Council. Spaces are limited! Reserve your place by emailing Mary Brady at the email address below.

Where: Cregagh Community Centre Mount Merrion Avenue, Belfast, BT6 0FL

Day and date: Wednesday 22 March Time: 2.00 pm - 4.30 pm

Contact name: Mary Brady Email: environmentaloutreach@belfastcity.gov.uk



RHYTHM AND RHYME

Bring your wee one along to Belfast Central Library to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Belfast Central Library, Royal Avenue Belfast, BT1 1EA

Day and date: Wednesday 22 March Time: 2.30 pm - 3.00 pm

Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

(1)

Where: Whiterock Library, Whiterock Road, Belfast, BT12 7FW

Day and date: Wednesday 22 March

Time: 2.30 pm - 3.00 pm

+ Tel: 028 9050 9236

Email: whiterock.library@librariesni.org.uk



SHARED PERSPECTIVES OF THE LEARNING CITY

Queen's University Belfast, University College Cork and UMass Lowell are working closely together on embedding the UN Sustainable Development Goals in their research, teaching and public engagement activities. This session will share examples from Cork and Lowell on successful City of Learning projects and explore opportunities to work closely with Queen's on future Belfast Learning City projects.



Where: Please contact event organiser for venue details

Day and date: Wednesday 22 March

Time: 4.00 pm

Contact name: Alistair Stewart Email: Alistair.stewart@qub.ac.uk

DREAM JOB? MAKING THE IMPOSSIBLE REAL

Would you like to build a life size replica living room or to use your computer to create explosions, monsters or weather that could terrify anyone? Learn to read a script, imagine scenes and work with writers to bring ideas to life. Try your hand at script editing or set construction and learn how technology is creativity's new best friend. No previous experience necessary, everyone welcome. Open to anyone 18+.

Please note: there are four different ScreenSkills sessions relating to work in TV throughout the week, sign up for all four or pick the one that best matches your interests. Go to booking link below to sign up now or turn up on the day. How to book:

https://www.screenskills.com/bookings/dream-job-workshops-sponsored-by-screenskills/

Where: Strand Cinema

152-154 Holywood Road, Belfast, BT4 1NY

📋 Day and date: Wednesday 22 March

Time: 4.00 pm - 6.00 pm

Contact name: Liz Barron
 Email: Liz.barron@screenskills.com



Quick look at Thursday 23 March

- 66 Find out More About Being a School Governor
- 67 The Importance of Learning
- 68 Rhythm and Rhyme
- 69 Mindful Colouring
- 70 Sustaining Healthy Relationships
- 71 Rhythm and Rhyme
- 72 Embracing Talent
- 73 Celebration of Learning
- 74 Go On 1-2-1 E Clinic
- 75 Irish and Scottish Ceili Dancing Class
- 76 Top Tips for Looking After Yourself
- 77 Dream Job? Creating New Games and Game Shows
- 78 Robots and Science!
- 79 Family Learn to Swim
- 80 Dream Big Engineering our World
- 81 Young People's Celebration Event

FIND OUT MORE ABOUT BEING A SCHOOL GOVERNOR

Find out more about the role of a school governor and how to become involved. Governors come from a range of backgrounds and bring different skills and experiences to benefit the school. Find out more at this online session run by the Education Authority. Open to the public. Governors need to be 18 years or over.

Learn about some of the many benefits of joining one of the largest volunteer forces in Northern Ireland! To attend, use this link:

https://protect-eu.mimecast.com/s/NqryCmyEDTpXmXqUG-23s?domain=teams.microsoft.com

(19) Where: Online

Day and date: Thursday 23 March

Time: 10.00am

Contact name: Helen Fraser Email: Govtraining@eani.org.uk



THE IMPORTANCE OF LEARNING

If you live, work or volunteer in East Belfast you are welcome to attend this fun, interactive workshop on learning. We will share lots of ideas and resources in this enjoyable session to remind us that learning is good for your health and wellbeing.

Register in advance with Eleanor@ebcda.org.



Where: East Belfast Network Centre 55 Templemore Avenue, Belfast, BT5 4FG



Contact name: Linda Armitage

Tel: 028 9045 1512 Email: linda@ebcda.org



Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult. Please book on morning of event.

Where: Suffolk Library, Stewartstown Road Belfast, BT11 9JP

Day and date: Thursday 23 March Time: 10.30 am - 11.00 am

Tel: 028 9050 9235

Email: suffolk.library@librariesni.org.uk



MINDFUL COLOURING

Mindfulness is the practice of paying attention to what you are doing and not rushing or doing too many things at once. Mindful colouring allows us to focus and bring our awareness to the present moment. Learn how to be mindful while relaxing with some calming colouring in. Everyone welcome.



Where: Belfast Central Library, Royal Avenue, Belfast, BT1 1EA

Day and date: Thursday 23 March Time: 10.30 am - 12.00 pm

+ Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk

SUSTAINING HEALTHY RELATIONSHIPS

A free workshop with the view to preventing and reducing relationship distress, providing tools and techniques to encourage, nurture and strengthen relationships.

Booking required, please call or email (details below) and specify whether childminding will be needed. Light lunch provided.

Where: Relate NI, 3rd floor

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3 Glengall Street, Belfast, BT12 5AB

Day and date: Thursday 23 March Time: 10.30 am - 1.00 pm

Contact name: Kellie O'Dowd

Tel: 028 9032 3454

Email: kellieodowd@relateni.org



Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Ballyhackamore Library
 1-3 Eastleigh Drive, Belfast, BT4 3DX

Day and date: Thursday 23 March Time: 11.30 am - 12.00 pm

+ Tel: 028 9050 9204

Email: ballyhackamore.library@librariesni.org.uk

EMBRACING TALENT

Embracing Talent is a workplace readiness and personal development course. It is designed to help young people aged 16-18 to develop the 'key skills' essential for the workplace. A closed event for pupils in Years 13 and 14 from the Boys Model School.

Where: Belfast Boys Model School, Ballysillan Road, Belfast, BT14 6RB

Day and date: Thursday 23 March Time: 11.50 am - 12.20 pm

Email: r.gormley@ulster.ac.uk



CELEBRATION OF LEARNING

A celebration of women's achievements in learning, including employability skills, confidence building, community development and good relations programmes.



Where: Footprints Women's Centre 84a Colinmill, Belfast, BT17 OAR

Day and date: Thursday 23 March

Time: 12.00 pm

Contact name: Charlene Murray

Tel: 028 9092 3444

Email: charlene@footprintswomenscentre.com

Thursday 23 March

GO ON 1-2-1 F CLINIC

I.T. help for beginners. Get help with your mobile device, assistance with any general I.T. queries as well as information about the wide range of library e-services.

Where: Belfast Central Library Royal Avenue, Belfast, BT1 1EA

Day and date: Thursday 23 March Time: 1.00 pm - 3.00 pm

+ Tel: 028 9050 9150 Email: belfast.central@librariesni.org.uk



IRISH AND SCOTTISH CFILL DANCING CLASS

Irish and Scottish ceili dancing class. Open to everyone, suitable for all ages. no partner needed, no experience required. Full instruction given with an internationally renowned ceili dance caller.



Where: 2 Royal Avenue, Belfast, BT1 1DA



Day and date: Thursday 23 March

Time: 2.00 pm - 4.00 pm



F Contact name: Ronan Eastwood

Tel: 07885 739258

Email: Ronangerard1112@gmail.com

TOP TIPS FOR LOOKING AFTER YOURSELF

Learn strategies to manage stress, improve your emotional wellbeing and access local support during this interactive online workshop. Camera and microphone required. Delivered by Belfast Trust Health Improvement Team. To register visit: www.bit.ly/LearningTopTips.

(E) Where: Online via MS Teams

Day and date: Thursday 23 March Time: 2.00 pm - 4.00 pm

Contact name: Clare Flynn Tel: 07385 386959

Email: Clare.Flynn@belfasttrust.hscni.net



DREAM JOB? CREATING NEW GAMES AND GAME SHOWS

Are you a great storyteller who is fizzing with ideas for plots and characters? Do you like to watch bake-offs, dance shows and challenges? Come along to find out what games companies and broadcasters are looking for and try your hand at developing a format that could make you rich and famous. No previous experience necessary, everyone welcome. Open to anyone 18+.

Please note: there are four different ScreenSkills sessions relating to work in TV throughout the week, sign up for all four or pick the one that best matches your interests. For details: https://www.screenskills.com/bookings/dream-job-workshops-sponsored-by-screenskills/



Where: Crescent Arts Centre, 2-4 University Road Belfast, BT7 1NH

Day and date: Thursday 23 March Time: 6.00 pm - 8.00 pm

+ Contact name: Liz Barron
Email: Liz.barron@screenskills.com

ROBOTS AND SCIENCE!

Join Thomas Lavery from the Royal Academy of Engineering to look at lots of different types of robots and science experiments. This event is suitable for children 8+ and booking is essential.

Where: Grove Library, Grove Wellbeing Centre 120 York Road, Belfast, BT15 3HF

Day and date: Thursday 23 March Time: 6.00 pm - 8.00 pm

Tel: 028 9050 9244

Email: grove.library@librariesni.org.uk



FAMILY LEARN TO SWIM

A closed event for the members of Albert Foundry club giving the children, parents, grandparents and guardians of Albert Foundry junior club an opportunity to try out new sports such as swimming, badminton and table tennis. Refreshments will be provided.

Where: Shankill Leisure Centre 100 Shankill Road Belfast, BT13 2BD

Day and date: Thursday 23 March
Time: 6.00 pm - 7.00 pm Recreation skills / Fun games in Main Hall
7.00 pm - 8.00 pm Swimming (coach available for assistance)
8.00 pm - 9.00 pm Lounge for end of events snacks

Contact name: Iris McIlroy
Tel: 07847 500025

Email: iris445414@gmail.com



DREAM BIG - ENGINEERING OUR WORLD

Organised by Engineers Ireland in partnership with Ulster University, this event is designed to promote education through engineering and inspire the next generation of engineers. Aimed at those with an interest in studying engineering, specifically Yr12 and Yr13 school pupils, the event is open to pupils, parents/guardians and teachers. Those attending will have the opportunity to interact with industry professionals and receive information, advice and guidance on the world of engineering.

Anyone interested in attending is asked to register via Eventbrite https://www.eventbrite.co.uk/e/488739050657

(1) Where: Ulster University, York Street, Belfast, BT15 1ED

Day and date: Thursday 23 March Time: 6.00 pm - 8.00 pm

+ Contact name: Siobhan Flynn Email: s.flynn@ulster.ac.uk



YOUNG PEOPLE'S CELEBRATION EVENT

A celebration event to recognise the contributions of young people and volunteers to the Féile An Phobail flagship festival and the achievements of those who have completed its leadership programme.



Where: Áras Uí Chonghaile, James Connolly Visitor Centre

374-376 Falls Road, Belfast, BT12 6DG



Day and date: Thursday 23 March

Time: 7.00 pm



+ Contact name: Joe Herald Tel: 028 9560 9984

Email: joe@feilebelfast.com



Quick look at Friday 24 March

- 82 Community Resiliency Model Workshop
- 83 Rhythm and Rhyme
- 84 Flower Arranging for 50+
- 85 Forth Meadow Walk, Draw and Talk
- 86 Building the Learner Voice
- 87 The Green In our City A Place to Play and Learn
- 88 Leisure Employment Academy Information Day
- 89 Rhythm and Rhyme
- 90 Rhythm and Rhyme
- 91 Rhythm and Rhyme
- 92 Arts & Craft Class for Adults
- 93 Rhythm and Rhyme
- 94 Rhythm and Rhyme
- 95 Rhythm and Rhyme
- 96 Rhythm and Rhyme
- 97 Walking for Words Write your City
- 98 Puzzles Around the Pillars
- 99 Rhythm and Rhyme
- 100 Rhythm and Rhyme
- 101 eBooks and eMagazines Go On
- 102 Rhythm and Rhyme
- 103 Céilí Mór an Lonnáin
- 104 Lego Therapy
- 105 A Stitch in Time
- 106 Creative Citizines
- 107 Shared Reading Group

COMMUNITY RESILIENCY MODEL WORKSHOP

A workshop on understanding the biology of traumatic stress reactions and learning skills and techniques to bring us back into balance after experiencing traumatic events. Delivered by CRM facilitator Margaret Johnston, in partnership with Belfast Trust Health Improvement Team. To register visit www.bit.ly/CRM25.

Where: Online via Zoom

Day and date: Friday 24 March Time: 9.30 am - 1.30 pm

Contact name: Clare Flynn Tel: 07385 386959

Email: Clare.Flynn@belfasttrust.hscni.net



RHYTHM AND RHYME

Bring your wee one along to Ardoyne Library to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Ardoyne Library 446-450 Crumlin Road, Belfast, BT14 7GH

Day and date: Friday 24 March Time: 10.00 am - 10.30 am

+ Tel: 028 9050 9202

Email: ardoyne.library@librariesni.org.uk

FLOWER ARRANGING FOR 50+

Learn flower arranging from a florist, all materials and refreshments will be free of charge. But most importantly, you'll get a laugh and will be in good company.

Where: Concorde Community Centre 36 Alliance Road, Belfast, BT14 7JB

Day and date: Friday 24 March Time: 10.00 am - 12.00 pm

Contact name: Leanne McTaggart

Tel: 028 9071 2450

Email: mctaggartl@belfastcity.gov.uk



FORTH MEADOW WALK, DRAW AND TALK

A gentle walk around the Bog Meadows Nature Reserve and Falls Park on the Forth Meadow Community Greenway with the inspiring artist, Sara Cunningham-Bell leading the walk, draw and talk. Please register in advance via:

https://www.eventbrite.com/d/united-kingdom/sustrans/?page=1
or phone Rachael Ludlow-Williams on the contact number below.



Where: Meeting point: Bog Meadows Nature Reserve, 25 Milltown Row, Belfast, BT12 6EP

Day and date: Friday 24 March Time: 10.00 am - 12.30 pm

Contact name: Rachael Ludlow-Williams Tel: 07876 453515

Email: Rachael.ludlow-williams@sustrans.org.uk

BUILDING THE LEARNER VOICE

This event is aimed at those working in the field of adult learning. Participants will learn about models of Learner Forums running in the Republic of Ireland and Scotland and hear directly from learners about their experiences of learning in N.I. To book your place, please contact Colin at the email address below.

Where: NICVA, North City Business Centre 61 Duncairn Gardens, Belfast, BT15 2GB

Day and date: Friday 24 March Time: 10.00 am - 1.00 pm

Contact name: Colin Neilands Email: Colin.neilands@falni.org 86

THE GREEN IN OUR CITY – A PLACE TO PLAY AND LEARN

Come outside and explore our natural environment, a great place to play and learn. Refresh your mind and body with our green oasis in the city. This event is for the school children, parents and staff of St Michael's.



Where: St Michael's Nursery School2 Stewartstown Road, Belfast, BT11 9JP

Day and date: Friday 24 March Time: 10.00 am - 1.00 pm

Contact name: Clare McAllister
Tel: 028 9043 1040

Email: info@stmichaelsns.belfast.ni.sch.uk

LEISURE EMPLOYMENT ACADEMY INFORMATION DAY

Andersonstown Leisure Centre will be hosting an information session in the foyer area to promote Leisure Employment Academies, training and career opportunities in leisure.

Where: Andersonstown Leisure Centre 132 Andersonstown Road, Belfast BT11 9BY

Day and date: Friday 24 March Time: 10.00 am - 2.00 pm

Contact name: Lynne Savage / Kathryn McMeekin Tel: 07930 808087 / 07851 673022

Email: Lynne.Savage@GLL.org / Kathryn.McMeekin@GLL.org



Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Cregagh Library 409-413 Cregagh Road, Belfast, BT6 OLF

Day and date: Friday 24 March Time: 10.30 am - 11.00 am

Tel: 028 9040 1365
Email: cregagh.library@librariesni.org.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Grove Library, Grove Wellbeing Centre 120 York Road, Belfast, BT15 3HF

Day and date: Friday 24 March Time: 10.30 am - 11.00 am

+ Tel: 028 9050 9244

Email: grove.library@librariesni.org.uk



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Holywood Arches Library4-12 Holywood Road, Belfast, BT4 1NT

Day and date: Friday 24 March Time: 10.30 am - 11.00 am

+ Tel: 028 9050 9216

Email: holywoodarches.library@librariesni.org.uk

ARTS & CRAFT CLASS FOR ADULTS

A professional facilitator will lead the session, materials and refreshments are provided free of charge. Come along, have a laugh and enjoy good company.

Where: Ligoniel Community Centre 144 Ligoniel Road, BT14 8DT

Day and date: Friday 24 March Time: 10.30 am - 12.30 pm

Contact name: Sabine Philippe
Tel: 028 9071 9337
Email:philippes@belfastcity.gov.uk



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Shankill Road Library 298-300 Shankill Road, Belfast, BT13 2BN

Day and date: Friday 24 March
Time: 10.45 am – 11.45 am

+ Tel: 028 9050 9232

Email: shankillroad.library@librariesni.org.uk

Bring your wee one along to Ardoyne Library to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Ardoyne Library

446-450 Crumlin Road, Belfast, BT14 7GH

Day and date: Friday 24 March Time: 11.00 am - 11.30 am

+ Tel: 028 9050 9202

Email: ardoyne.library@librariesni.org.uk

94)

RHYTHM AND RHYME

Bring your wee one along to Belfast Central Library to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.



Where: Belfast Central Library Royal Avenue, Belfast, BT1 1EA

Day and date: Friday 24 March Time: 11.00 am - 11.30 am

+ Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Ormeau Road Library 247 Ormeau Road, Belfast, BT7 3GG

Day and date: Friday 24 March Time: 11.00 am - 11.30 am

+ Tel: 028 9050 9228 Email: ormeauroad.library@librariesni.org.uk



WALKING FOR WORDS - WRITE YOUR CITY

Learn a new way to explore your city - join us for a walk round Belfast city centre, followed by a creative writing session to capture what you see, hear and experience in words. You'll be guided, step by step, by local poet Emma Must. Please wear comfortable shoes and bring a notebook and pen.



Where: 2 Royal Avenue, Belfast, BT1 1DA



Day and date: Friday 24 March Time: 11.00 am - 1.00 pm



+ Contact name: Niamh Kelly



Email: kellyniamh@belfastcity.gov.uk



Friday 24 March

PUZZLES AROUND THE PILLARS

Keep your mind active – learn Sudoku and other puzzles in good company whilst enjoying complimentary tea, coffee and biscuits.

Where: Belfast Central Library Royal Avenue, Belfast, BT1 1EA

Day and date: Friday 24 March Time: 11.00 am – 1.00 pm

Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk



RHYTHM AND RHYME

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories.

Children must be accompanied by an adult sits on its own.



Where: Ballyhackamore Library1-3 Eastleigh Drive, Belfast, BT4 3DX

Day and date: Friday 24 March Time: 11.30 am - 12.00 pm

+ Tel: 028 9050 9204

Email: ballyhackamore.library@librariesni.org.uk

Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Grove Library, Grove Wellbeing Centre 120 York Road, Belfast, BT15 3HF

Day and date: Friday 24 March Time: 11.30 am - 12.00 pm

Tel:028 9050 9244

Email: grove.library@librariesni.org.uk



EBOOKS AND EMAGAZINES GO ON

Find out how to access free eBooks and eMagazines on your mobile device.

Booking essential.

Where: Whiterock Library, Whiterock Road Belfast, BT12 7FW

Day and date: Friday 24 March Time: 11.30 am - 1.30 pm

Tel: 028 9050 9236

Email: whiterock.library@librariesni.org.uk



Bring your wee one along to sing songs and learn some new rhymes. These sessions introduce parents and children aged 0-4 years to the wonder of rhymes, songs and stories. Children must be accompanied by an adult.

Where: Colin Glen Library Unit 17 The Dairy Farm Centre Stewartstown Road, Dunmurry Belfast, BT17 OAW

Day and date: Friday 24 March Time: 11.30 am - 12.00 pm

Tel: 028 9043 1266
Email: colinglen.library@librariesni.org.uk



CÉILÍ MÓR AN LONNÁIN

A festival of dance and language where Gaelscoil an Lonnáin students will take on the role of the teacher for their parents and grandparents. Students will teach their parents the steps to some famous céilí dances and the Irish words that accompany them before having their own céilí event in the school playground.



Where: Gaelscoil an Lonnáin, 61 Falls Road Belfast, BT12 4PD

Day and date: Friday 24 March Time: 1.00 pm

+ Contact name: Ciaran McCallan Tel: 028 9020 4241 Email: Cmccallan392@c2ken.net



LEGO THERAPY

The creative Lego Therapy process requires a division of labour, communication, rulesetting, social engagement and fun. The workshop is aimed at children and their parents or carers and builds upon children's interest in construction play to promote taking turns, sharing, listening, conversation, problem solving and teamwork.

Where: Dee Street Community Centre 12-16 Dee Street, Belfast, BT4 1FT

Day and date: Friday 24 March Time: 1.00 pm - 4.00 pm

+ Contact name: Lorna O'Lynn Tel: 028 9045 8113 Email: olynnl@belfastcity.gov.uk



A STITCH IN TIME

Join celebrated local seamstress, Christine Boyle, from Colour and Cloth, for a free sewing and mending workshop, where you will discover more about the rich textile history of Belfast. Hosted by the Environmental Education and Outreach Team at Belfast City Council. Spaces are limited! Reserve your place by emailing Mary Brady at the email address below.



Where: Ligoniel Community Centre 144 Ligoniel Road, Belfast, BT14 8DT

Day and date: Friday 24 March

Time: 1.30 pm - 4.00 pm

+ Contact name: Mary Brady

Email: environmentaloutreach@belfastcity.gov.uk



CREATIVE CITIZINES

Learn how to make a zine to celebrate a favourite form of creativity. It could be fashion or gardening, videogames or baking - you can use collage, drawing or writing to create a booklet all about what you love to do.

Whether you have never tried it before or are already a zine machine, come join artists Nichola Irvine and Grace Fairley of Lemonjuice who will guide you through the process to share what you love in a collaborative group. Materials provided but feel free to bring your own.

Where: 2 Royal Avenue, Belfast, BT1 1DA

Day and date: Friday 24 March Time: 2.00 pm - 4.30 pm

+ Contact name: Niamh Kelly Email: kellyniamh@belfastcity.gov.uk

SHARED READING GROUP

Enjoy listening to a great story or poem, with no pressure to talk or read. Learn a love of literature.



Where: Belfast Central Library Royal Avenue, Belfast, BT1 1EA

Day and date: Friday 24 March Time: 2.30 pm - 3.30 pm

+ Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk





Quick look at Saturday 25 March

- 108 'Hero of Belfast': Mary Ann McCracken Walking Tour
- 109 Forth Meadow Treasure Trove Trike and Bike Trail
- 110 Mindful Walking in our City Parks
- 111 Celebration of Robotics
- 112 Belfast Heritage Library Tour
- 113 Digital Animation Workshop
- 114 Spring Time Learn To Grow
- 115 Pop-Up Spanish Family Fiesta
- 116 Make Do and Mend
- 117 Guerrilla Gardening: The Art of Giving
- 118 Mindful Walking in our City Parks
- 119 Crafts & Story Time
- 120 Family Ceili
- 121 Make Some Noise with RiCh Music!
- 122 Take 5 Steps to Wellbeing Gig A Night of Music, Poetry and Storytelling

'HERO OF BELFAST': MARY ANN MCCRACKEN WALKING TOUR

Experience Mary Ann McCracken's Belfast, as you walk in the footsteps of this remarkable abolitionist, philanthropist and social reformer. Please note: this event is free of charge, but booking is essential as places are limited. For free tickets please book at: https://visitbelfast.ticketsolve.com/ticketbooth/shows/873633392

Where: Clifton House Heritage Centre 2 North Queen Street, Belfast, BT15 1ES

Day and date: Saturday 25 March Time: 10.00 am - 12.30 pm

+ Contact name: Mary Alice Clancy Tel: 028 9099 7022

Email: maryalice@maryannmccrackenfoundation.org



FORTH MEADOW TREASURE TROVE TRIKE AND BIKE TRAIL

On the treasure trove trike and bike trail, you can expect to find a treasure trove of ideas as we seek out hidden gems and solve mysteries along the Forth Meadow Community Greenway. Please register in advance via:

> www.eventbrite.com/d/united-kingdom/sustrans/?page=1 or call Rachael Ludlow-Williams on the contact number below.



Where: Bog Meadows Nature Reserve 25 Milltown Row, Belfast, BT12 6EP



Day and date: Saturday 25 March Time: 10.00 am - 12.30 pm



— Contact name: Rachael Ludlow-Williams

Tel: 07876 453515

Email: Rachael.ludlow-williams@sustrans.org.uk



MINDFUL WALKING IN OUR CITY PARKS

Mindfulness is now scientifically known to support our mental health. It helps us to value moments, enabling and training us to focus on the present, not the past or the future. Enjoy a one-hour walk in one of Belfast's city parks guided by trained walk leaders and take time to appreciate the natural environment and connect with nature. Organisers particularly welcome people with sensory support needs/disabilities. Booking essential.

Where: Outer South Belfast Park- Easy - Flat Terrain Please contact Camilla for venue details.

Day and date: Saturday 25 March Time: 10.30 am - 11.30 am

Contact name: Camilla Reynolds
Tel: 07455 978938

Email: Healthtreats@googlemail.com



CELEBRATION OF ROBOTICS

Robotic themed science-based event. Aimed at children aged 8-12 years.

111

Where: Chichester Library 109 Salisbury Avenue, Belfast, BT15 5EB

Day and date: Saturday 25 March Time: 10.30 am - 12.00 pm

Tel: 028 9050 9150

Email: chichester.library@librariesni.org.uk

BELFAST HERITAGE LIBRARY TOUR

Find out about the history and collections of Belfast Central Library in this fascinating tour of the building.

Where: Belfast Central Library, Royal Avenue Belfast, BT1 1EA

Day and date: Saturday 25 March Time: 11.00 am - 12.00 pm

Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk

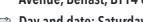


DIGITAL ANIMATION WORKSHOP

This interactive animation workshop will show you how to create a stop motion animation using a range of art materials and digital animation iPad apps.



Where: Girdwood Community Hub, 10 Girdwood Avenue, Belfast, BT14 6EG



Day and date: Saturday 25 March

Time: 11.00 am - 1.00 pm

+ Contact name: John Walls Tel: 028 9581 1202

Email: info@digital-arts-academy.com



SPRING TIME LEARN TO GROW

Magpies Ladies Garden Volunteers will host an open day and barbecue for people of all ages to learn about growing vegetables and to have the chance to put these skills into practice. Each participant will get a planter and seeds to take home and grow something they can enjoy.

Where: Glenbank Place and Leganne Street Belfast, BT14 8AN, "Shared space at back of houses"

Day and date: Saturday 25 March Time: 11.00 am - 2.00 pm

+ Contact name: Anita Rankin Tel: 07713 488947

Email: Anitarankin1970@hotmail.co.uk



POP-UP SPANISH FAMILY FIESTA

An excellent opportunity for you and your child to spend quality time together learning a new language and culture through games, drama, stories and activities. Our Family Fiesta is an interactive, educational event where fun and learning are guaranteed. Booking essential. Visit website for more information, times and availability: www.sisispanish.co.uk.

- Where:Ballynafeigh Community Development Association 283 Ormeau Road, Belfast BT7 3GG
- Day and date: Saturday 25 March
 11.00 am 12.00 pm for children 2 5 years and their families
 12.00 pm 1.00 pm for 6 8 years and their families
 1.00 pm 2.00 pm for 9 13 years and their families
- Contact name: Lynn Ross
 Tel: 07720 526221
 Email: Lynnross01@yahoo.co.uk



MAKE DO AND MEND

Visit the museum to learn how rationing and restrictions inspired creativity during the Second World War with Make Do and Mend craft activities for all. Suitable for everyone.

Where: Northern Ireland War Memorial 21 Talbot Street, Belfast, BT1 2LD

Day and date: Saturday 25 March Time: 12.00 pm - 4.00 pm

Contact name: Jenny Haslett
Tel: 028 9032 0392

Email: manager@niwarmemorial.org

116

GUERRILLA GARDENING: THE ART OF GIVING

Come along and embark upon a mission to discover places for nature. With plants and seeds in hand, we will explore the urban territories around the new UU Belfast campus, with an intention to give nature a chance. This is an opportunity to gift botanical contributions of nature to neglected places.



Where: Meeting Point: Hjem. Café, Cathedral Gardens Unit 2, York Street, Belfast, BT15 1ED

Day and date: Saturday 25 March Time: 1:00 pm - 3:00 pm

+ Contact name: Pamela Whitaker Email: p.whitaker@ulster.ac.uk

MINDFUL WALKING IN OUR CITY PARKS

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Where: Inner South Belfast Park - Easy - Flat Terrain Please contact Camilla for venue details.

Day and date: Saturday 25 March Time: 1.30 pm - 2.30 pm

+ Contact name: Camilla Reynolds

Tel: 07455 978938

Email: Healthtreats@googlemail.com



CRAFTS & STORY TIME

Bring the kids along to story time and learn a new skill with different craft activities.



Where: Belfast Central Library, Royal Avenue, Belfast, BT1 1EA



Day and date: Saturday 25 March

Time: 2.00 pm - 3.00 pm



Tel: 028 9050 9150

Email: belfast.central@librariesni.org.uk



FAMILY CEILI

Everyone welcome where we will dance the more popular set and ceili dances. Open to everyone, no experience necessary, no partner needed. All dances will be called.

Where: 2 Royal Avenue, Belfast, BT1 1DA

Day and date: Saturday 25 March Time: 2.00 pm - 4.00 pm

+ Contact name: Ronan Eastwood

Tel: 07885 739258

Email: Ronangerard1112@gmail.com



MAKE SOME NOISE WITH RICH MUSIC!

An interactive musical workshop aimed at people with additional needs who want to learn more about music-making and the positive effect it has! Two separate sessions, limited capacity available. To book places, please contact Bethany at contact details below.



(9) Where: Spectrum Centre, 331 Shankill Rd, Belfast BT13 3AB

Day and date: Saturday 25 March
Time: First session: 2.15 pm - 2.45 pm
Second sesssion: 3.00 pm - 3.30 pm

+ Contact name: Bethany Simpson

Tel: 07717 452701

Email: bethany@richmusicni.co.uk

TAKE 5 STEPS TO WELLBEING GIG - A NIGHT OF MUSIC, POETRY AND STORYTELLING

Enjoy a mix of music, poetry and storytelling with Emma Langford, Molly O'Mahony, Colin Hassard and Deirdre Kelly. An evening of creativity, fun and laughter for a much needed boost to beat the winter blues. Limited free tickets available, contact Justine Brown below for details.

Where: Duncairn Centre, Duncairn Avenue Belfast, BT14 6BP

Day and date: Saturday 25 March Time: 7.30 pm - 10.30 pm

Contact name: Justine Brown Email: justine.brown@belfasttrust.hscni.net





Quick look at Sunday 26 March

- 123 Mindful Walking in our City Parks
- 124 Afternoon of Mixed Folk Dances
- 125 I would walk 500 miles Stories from El Camino de Santiago
- 126 Set Dancing Ceili
- 127 Mickey B Transforming Lives Through Creativity and Film

MINDFUL WALKING IN OUR CITY PARKS

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Where: Inner South Belfast Park - Easy - Flat Terrain Please contact Camilla for venue details.

Day and date: Sunday 26 March Time: 10.30 am - 11.30 am

Contact name: Camilla Reynolds
Tel: 07455 978938

Email: Healthtreats@googlemail.com



AFTERNOON OF MIXED FOLK DANCES

All welcome, family friendly, no partner or experience necessary, instruction included. Irish 2-hand and ceili dances, French, Breton, Scottish folk dances.

Fun guaranteed, get moving, get dancing!

Where: Dance Studio, LORAG, Shaftesbury Community and Recreation Centre, 97 Balfour Avenue, Belfast, BT7 2EW

Day and date: Sunday 26 March Time: 2.00 pm - 4.00 pm

Contact name: Annette Collins Tel: 07788 730429

Email: stepwithannette@yahoo.co.uk



I WOULD WALK 500 MILES - STORIES FROM FL CAMINO DE SANTIAGO

Have you walked the Camino de Santiago? Is it on your to do list? Come share your experiences or plans with fellow "Perigrinos" and inspire others to venture along this historic and enchanting cultural route through Spain. More information available at: www.sisispanish.co.uk. Booking Essential.

(E) Where: Sunflower Public House 65 Union Street, Belfast, BT1 2JG

Day and date: Sunday 26 March Time: 3.00 pm - 5.00 pm

+ Contact name: Lynn Ross Tel: 07720 526221

Email: Lynnross01@yahoo.co.uk



SFT DANCING CFILL

Everyone welcome where we will dance the more popular set and ceili dances. Open to everyone, no experience necessary, no partner needed. All dances will be called.



Where: Belfast Castle, Antrim Road, Belfast, BT15 5GR

Day and date: Sunday, 26 March

Time: 3.00 pm - 6.00 pm

+ Contact name: Ronan Eastwood

Tel: 07885 739258

Email: Ronangerard1112@gmail.com



MICKEY B – TRANSFORMING LIVES THROUGH CREATIVITY & FILM

Explore transformative film-making with esc films' world-first feature film, Mickey B – a modern adaptation of Shakespeare's Macbeth made in Maghaberry prison with prisoners as cast. Enjoy a special screening with a behind the scenes documentary and exclusive Question and Answer session with the Director.

Where: Redeemer Central 101 Donegall Street Belfast, BT1 2FF

Day and date: Sunday 26 March Time: 7.30 pm - 10.00 pm

Contact name: Kirsten Kearney and Tom Magill Tel: 07504 826236

Email: kirsten@esc-film.com

127

Notes

Notes





Belfast Learning City

For more information on the Belfast Festival of Learning, please contact:

Email: mlbt@bhdu.org

or visit our website:

www. making life better together. com

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