

CREGAGH COMMUNITY HEALTH & FITNESS HUB Summer Scheme

**for 5 to 18 year olds
Mon 14th – Sat 19th Aug
daily from 10.30am to 1.30pm
cost £2 per day**

Age appropriate exercise sessions run by qualified, (council approved), fitness instructor. Each day there will also be freshly made smoothies and healthy living advice.

To book a place or for more details contact
Adrian 07914 290193 (Mount Merrion Church)
or Carl 07856 235363 (BodyMotionNI)
or check us out on social media.

Funded by



In partnership with



Mount Merrion Church

Mount Merrion Avenue, Belfast, BT6 0FS

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