

Budgeting

Here are some tips to help you budget either for yourself or for your family.

Set yourself a weekly budget

Shop around

Buy only what you need



Budget Planner

Be aware of how much you spend daily, weekly and monthly

Cook and prepare your own food

Use a Budgetting Planner
(included in pack)



Making life better, together
Belfast Strategic Partnership

Focusing on Life Inequalities

The best laid plans always pay off

Free, confidential advice is available from a range of agencies across Belfast. These organisations provide advice on issues including budgeting, support for debt management and appealing benefits decisions. They can also offer a benefits entitlement check.

- **Advice NI:** provides an independent advice service and also manages Debt Action NI which aims to help those most financially vulnerable in Northern Ireland. They offer free, confidential and impartial debt and money advice services across NI.
1 Rushfield Avenue, Belfast, BT7 3FP
Head office - Tel: 028 9064 5919
Tax and benefits issues - Tel: 0800 988 2377
Debt issues - Tel: 0800 917 4607
Business debt issues - Tel: 0800 083 8018. www.adviceni.net

- **Citizens Advice Belfast:** provides free and impartial advice and information on benefits, debt, housing, employment, consumer issues and other matters.
Merrion Business Centre, 58 Howard Street, Belfast, BT1 6PJ
Tel: 0300 123 3233. www.citizensadvice.co.uk

- **Credit Unions**
Credit unions aim to help you take control of your money by encouraging you to save what you can, and borrow only what you can afford to repay. They offer a secure place to save and to borrow money with minimal interest.

Irish League of Credit Unions. www.creditunion.ie

Ulster Federation of Credit Unions. www.ufcu.co.uk